

Better beauty
treatments





Better beauty treatments

Alresford Beauty was established on 1st March 1994 by Rachael Ashbee at 34 West Street.

On the 1st June 2012 Alresford Beauty moved just two doors up, which has more than doubled the size of the salon.

Modern, fresh and designed specifically to fill every need, with shop area, manicure and pedicure stations and one treatment room on the ground floor, downstairs there are a further four treatment rooms.

Each beauty room has a different theme and atmosphere – Aviary, Forest Spa, Diamond, Bronze and Eclipse – Offering treatments from some of the leading names in the UK beauty industry – Clarins, Elemis, Crystal Clear, Jessica and St Tropez.



For better beauty

Clarins Tri Active Facial Treatments

These Tri Active facial treatments use creams, masks, scrubs and serums from the exclusive ClarinsPro products which are only found in the treatments carried out by our therapists. Our therapists will prescribe up to 3 products to address your needs.

The Youth Activator

Intensive replenishment reactivates the plump, peachy-smooth luminosity of youthful looking skin while contouring and detoxifying massage de-puffs to restore definition to features. The ultimate wake-up call for mature skin. At home: Clarins Super Restorative or Vital Light Skin Care.

The Lifting Line Smoother

As skin is retextured and its youth-giving renewal process intensively energised, it instantly becomes smoother, firmer, even lifted and looks refreshed and rested. Just like a week away. At home: Clarins Extra-Firming Skin Care.

The Radiance Reviver

Dull, tired, stressed skin is intensively detoxified and recharged with a cocktail of antioxidants and super revitalising plant extracts which restore health and radiance. Think multi-vitamin for the skin. At home: Clarins Multi-Active Skin Care.

The Moisture Replenisher

Intensively replenishes depleted moisture levels in dry, dehydrated skin which immediately restores softness, suppleness, comfort and radiance. An oasis in the desert that is parched skin. At home: Clarins HydraQuench Skin Care.

The Skin Healer

Sensitive skin is immediately and intensively soothed, calmed and repaired to restore softness, suppleness, comfort and radiance. A cooling, healing hand. At home: Clarins Gentle Skin Care.

The Detox & Shine Stopper

Intensively purifies skin, rebalances oil production, tightens and refines pores so oily, combination and even shiny complexions become clearer, smoother, softer and more matte. A fresh start with a shine-free finish. At home: Clarins Truly Matte Skin Care.

All facials

| 1 hour 20 minutes – £ 65 |

Clarins Tri Active Body Treatments

The Sun Glow

The ultimate self tanning treatment for face and body with skin-smoothing exfoliation, a deeply pampering application of an award-winning self tanner and an all over gorgeous, long lasting, golden colour that looks as natural in winter as in summer. You can even get dressed immediately.

| 1hr – £50 |

The Body Polisher

Intensive double exfoliation deep cleanses and retextures for a body that's super soft, supple and smooth. It also helps minimise dark spots and stretch marks so skin looks fresher, brighter and more even toned, the final touch is a deeply conditioning application of body lotion.

| 40 mins – £40 |

Clarins Mother-to-be & New Mother Treatment

Pampering Face & Body Treatment

Pure indulgence for face and body, adapted to pre and post-natal stages of pregnancy and how you look and feel. Eases backache, fluid retention, stress, fatigue and tired legs, as well as improving skin tone and elasticity. Afterwards, you'll feel energised and wonderfully relaxed, with baby-soft skin.

| 1hr 10mins – £55 |



Elemis Spa Therapies

Elemis Advanced Anti Aging Facials

Tri Enzyme Resurfacing Facial

Peel away the years for smoother, more radiant skin.

| 1 hour – £70 |

Visible Brilliance Facial

To combat ageing, stressed and slackened skin.

| 1 hour 15 mins – £70 |

Pro Collagen Quartz Lift

See a younger, firmer more youthful skin.

| 1 hour 15 mins – £70 |

Elemis Skin Solution Facials

Modern Skin Facial

Designed for skin challenged by modern living.

| 1 hour – £55 |

Oxygen SkinCalm Facial

Pure soothing heaven for sensitive skin.

| 1 hour 15 mins – £60 |

S.O.S Purifying Facial

A purifying treatment for congested skin.

| 1 hour 15 mins – £60 |

Elemis Skin Specific Facials

Fruit Acid Glow

Bring back the glow to a lifeless complexion.

| 1 hour – £50 |

Exotic Moisture Dew

Treat your skin to a moisture boost.

| 1 hour – £50 |

Herbal Lavender Repair

For perfect restoration of skin balance.

| 1 hour – £50 |

Elemis Face & Body Therapy

Absolute Spa Ritual

The ultimate skin and body therapy for maximum results

Combines either the Pro Collagen or the Visible Difference Facial, with a deep tissue body massage.

| 2 hours – £100 |

Face And Body Sensation

The perfect treatment duo. Deep tissue basalt hot stone therapy on back and legs followed by a booster anti aging facial.

| 1 hour – £65 |

Elemis Body Therapy

Deep tissue muscle massage

Deep rhythmic pressure to ease away tensions.

| 1 hour – £55 |

Deep tissue back massage

Minimum time, maximum tension-relieving results.

| 30 mins – £40 |

Elemis Exotic Therapy

Exotic Lime And Ginger Salt Glow

Invigorated, cleansed and polished to perfection.

| 30 mins – £40 |

Exotic Coconut Rub and Milk Ritual Wrap

Pure sensuality to enliven the senses.

| 45 mins – £ 55 |

Detox Therapy

Body Sculpting Cellulite and Colon Therapy

Redefine and smooth your silhouette.

| 1 hour – £50 |

Cellutox Aroma Spa Ocean Wrap

A deeply detoxifying blend to decongest and stimulate the system.

| 1 hour 15 mins – £70 |

Pregnancy

Nurturing Massage for Mother-to-Be

Massage adapted to each stage of pregnancy.

| 1 hour 15 mins – £80 |

Created by

Elemis

Crystal Clear Microdermabrasion

Share the celebrities' favourite skin care secret...

Ever wondered how those famous faces stay looking so young? Crystal Clear Microdermabrasion literally takes years off you by gently exfoliating the outer layers of skin.

Crystal Clear Microdermabrasion treats a vast array of skin concerns, on both the face and body, using a safe and controlled method of skin resurfacing.

The treatment provides immediate visible results for ageing skin, lines & wrinkles, open pores, blackheads, pigmentation, blemish scars, acne scars, stretch marks and much, much more.

You'll see the difference even after just one treatment, however for more problematic skin concerns a course may be recommended. With regular treatments, the skin increases its collagen and elastin formation, to give you a naturally firmer and more rejuvenated look. What's more, the gentle vacuum action gives the facial muscles a mini 'workout' each time, providing an immediate lifting effect and an ongoing improvement in tone.

The Delux Facial

| 1 hour 15 mins – £60 |

The 40 minute Facial

| £45 |

Created by



CRYSTAL CLEAR
MICRODERMABRASION

General Facials

Basic Facial

If you haven't had a facial for a long time, or you have no idea what to ask for, why not try our basic facial. This facial will be tailored to your needs, and will start with a Cleanse, deep pore cleanse, and end with a mask and finishing creams applied. In between, you could be steamed, comedones removed, and massaged.

| 1 hour – £47 |

Galvanic Facial

This is a specialized deep pore treatment leaving the skin revitalised, smoother and younger looking. The facial includes:

- Manual cleanse and exfoliation
- Deep cleanse of the skin tissues, removing dead skin cells and revealing a fresh new layer of skin followed by comedone extractions
- The application of a specialised ionised gel to treat skin condition and type and to close pores and firm the tissues
- Introduction of a high frequency current which reduces the pores and introduces oxygen having both a germicidal effect which aids healing of skin tissues as well as increasing the circulation to induce warmth and relaxation
- Massage and a mask, tone and moisturiser

| 1 hour 15 mins – £55 |

Professional Make-up

Special Occasion

Have your skin cleansed and make-up applied at the counter.
| 30 mins – £20 | (Free with the purchase of 3 items of make-up)

Weddings

The bride has a 1 hour consultation to make sure no detail is forgotten. The whole wedding morning is planned around the bride, and a complete run through of the make-up is completed. Prices on request for travelling to your venue on the morning.

Bride preview/on the day

| 1 hour 30mins – £80 |

Other bridal party members with bride preview/on the day

| 1 hour – £40 |

Make –up Lesson

Completely lost when applying make-up? Need a change? Looking for advise? Spend an hour with us to go through your day from morning until night.

| 1 hour – £45 | (Free with £120 worth of skincare/make-up)

Jessica Treatments

Geleration Gel Overlays by Jessica

Leave the salon with perfectly dry nails that are long lasting.
Ideal for busy women and holiday makers!

Two week manicure

Includes shaping and cuticle work.

| 1 hour – £35 |

Four week pedicure

Includes shaping, cuticle work and rough skin.

| 1 hour – £40 |

Safe removal of gels

Free when having them re-applied.

| 20 mins – £8 |



Jessica Manicures & Pedicures

We will tailor your manicure and pedicure to suit you.

Just a quick smarten up?

| 15 minute manicure – £13 |

| Pedicure – £15 |

Perhaps without the varnish?

| 30 minute manicure – £20 |

| Pedicure – £25 |

A good tidy up with varnish?

| 45 minute manicure – £25 |

| Pedicure – £30 |

The deluxe – French polish?

| 60 minute manicure – £30 |

| Pedicure – £35 |

Heated mitts and booties

Added to treatment to aid absorption of cream
and help circulation.

| 15 mins – £6 | (for hands or feet)

| £10 | (for both)

Created by



St Tropez Treatments

St Tropez Spray Tanning

Spray tanning is quick, easy, and VERY effective! Up to 7 days of tan and no streaks in 30 minutes. Ask us for you pre-prep and post care for maximum effect.

| 30 mins – £26 |

Created by

ST.TROPEZ



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Eye Lash & Brow Treatments

Pay full price for most expensive eye treatment and get 50% off others in the same appointment

Eyebrow shape

Wax or tweeze.

| 15 mins – £9 |

Eye lash tint

| 30 mins – £15 |

Eyebrow tint

| 15 mins – £8 |

Eye lash perm

Includes eye lash tint/brow tint.

| 45 mins – £40 |

Semi-permanent Make-up

Semi-permanent make-up or micro pigmentation can transform your look for up to 2 years. A full consultation and medical history takes about 30 minutes and we can discuss all your needs.

Semi-permanent eyebrows

| 1 hour 30 mins – £295 |

Semi-permanent eye liner (top or bottom)

| 1 hour 30 mins – £125 |

Semi permanent eye liner top and bottom

| 1 hour 30 mins – £225 |

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Body Treatments

Deep cleansing back treatment

Cleanse, exfoliate, steam, comedone extractions, spot treatment.

| 30 mins – £35 |

Full body exfoliation

Top to toe exfoliation followed by application of creams.

| 45 mins – £40 |

Pummel those muscles, or complete chillax – its your call.

Full body massage

| 1 hour – £45 |

Back neck and shoulder massage

| 30 mins – £30 |

Ear Piercing

We have a good selection of piercing studs made by Inverness, that are individually sealed into a sterile pack, in their own disposable cartridge so that anything that could and might touch the ear is fully disposable.

The stud itself pierces the ear so it is very quick.

Comprehensive aftercare advise is given after the piercing. The price includes stud, piercing and aftercare lotion. Under 16's must be accompanied by an adult.

White solid 14k gold

| £35 |

Yellow solid 14k gold

| £28 |

Titanium hypo-allergenic

| £22 |

Gold plated/surgical steel

| £18 |

All treatments

| 30 minutes |

Hair Removal

Waxing

Pay full price for the most expensive area, and pay only 50% for other areas waxed in the same treatment.

Full leg and standard bikini	- - - -	45 mins – £32
Full leg and brazillian	- - - - - - -	1 hour – £45
Three-quarter leg wax	- - - - - - -	30 mins – £23
Shorts line or back upper leg.		
Lower half leg	- - - - - - - - -	30 mins – £17
Upper leg	- - - - - - - - -	30 mins – £19
Standard Bikini	- - - - - - - - -	15 mins – £12
Half Brazillian	- - - - - - - - -	15 mins – £19
Full Brazillian	- - - - - - - - -	30 mins – £29
Under arm	- - - - - - - - -	15 mins – £9
Forearm	- - - - - - - - -	15 mins – £12
Full arm	- - - - - - - - -	15 mins – £15
Lip or chin	- - - - - - - - -	15 mins – £8
Eyebrow	- - - - - - - - -	15 mins – £9
Back or chest	- - - - - - - - -	30 mins – £17

Electrolysis

Permanent hair removal using short wave diathermy (heat cauterisation) Ideal for unwanted facial hair, but can be used on any area. Rachael has over 20 years experience, and has taken an advanced exam.

Treatments

5 minute – £12
15 minute – £16
30 minute – £29
1 hour – £54

Red Vein Therapy

Using short wave diathermy (heat cauterisation) to collapse and seal small red capillaries. Capillaries on the face and spider nevus very successfully treated. First treatment includes aftercare cream.

First treatment

| 30 mins – £30 |

Subsequent treatments

| 15 mins – £25 |

Better Beauty gift vouchers – treat your friends

Alresford Beauty offers gift vouchers to the value of £5, £10, £15, £20, £25, £50, £75 and £100.

These can be redeemed against treatments or products. If you would prefer we can hand write a gift voucher for a specific treatment.

Please contact Rachael if you would like to organise an evening event.

We can tailor evenings to suit small groups of ladies, whether it be for a Birthday, Baby shower, Hen night or just a Girlie get together.

Follow us on Facebook or our website:
www.alresfordbeauty.co.uk



Opening hours

Monday	9am – 5.30pm
Tuesday	9am – 9pm
Wednesday	9am – 9pm
Thursday	9am – 9pm
Friday	9am – 5.30pm
Saturday	8am – 4.30pm
Some Sundays (during busy periods)	10am – 4pm

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